



South Asian Women's Network Group hosts Fertility Info Session

Be Your Own Best Friend Network hosts "Fertility Info Session: What Are Your Options" on Tuesday, January 30 in Vancouver at Genesis Fertility Centre

(January 17, 2018) Vancouver, BC – With the average age of a woman's first pregnancy in BC recently surpassing 31, egg freezing and fertility treatments are a viable option for reproductive or family planning. On **Tuesday, January 30 from 7:00pm – 8:30pm**, the Be Your Own Best Friend (BYOBF) Network is teaming up with Genesis Fertility Centre to present *Fertility Info Session: What Are Your Options*.

This information session by Genesis' Medical Directory, Dr. Sonya Kashyap will cover the medical and practical aspects of freezing eggs and fertility options and provide an opportunity for attendees to ask individual questions, learn about the benefits, how the process works and who makes a good candidate. Whether you have struggled with fertility already or are considering fertility preservation, this is a great opportunity to get your questions answered by a renowned fertility doctor in a casual environment.

Egg freezing enables more freedom for women by providing the best chance of having a family when ready — whether that's upon completion of education, reaching a certain career stage, or finding the right partner. If you've tried IVF before and it didn't work and are interested in learning more about the process and timelines this info session will provide opportunities to learn more about the services available. Whether you are in the beginning stages of learning about infertility or have experienced disappointing outcomes from previous treatments, this is a great session for you to get your fertility questions answered in a relaxed atmosphere.

Attend the event on January 30th at 7:00pm at Genesis Fertility Centre, 1367 West Broadway, Unit 300, Vancouver, B.C. Tickets may be purchased in advance for \$10 from <https://www.meetup.com/Be-Your-Own-Best-Friend-South-Asian-Womens-Networking/>

About BYOBF Network

Be Your Own Best Friend is a professional South Asian women's networking group, launched in 2012 geared towards women in home-based businesses, in offices, female entrepreneurs, homemakers, and those exploring new opportunities. Be Your Own Best Friend Network successfully hosts bimonthly events where women have the opportunity to connect, feel inspired and empower one another. Co-Founder and Managing Director, Sukhi Ghuman is dedicated to the growth of the BYOBF Network and will continue to provide workshops that benefit women in networking and self-growth.

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Sukhi Ghuman | Co-Founder

Be Your Own Best Friend Network

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